

# Logosynthesis™



**WHEN & WHERE:** Four Tuesdays,  
May 15, 22, 29 and June 5.  
7:00–9:00pm  
at the Littleton home of Jonathan  
and Laurie. See below.

**COST:** \$100

**TO REGISTER:** Email  
[weiss@empowermentsystems.com](mailto:weiss@empowermentsystems.com)  
or call 303-794-5379 for more  
information.

**ELIGIBILITY:** Familiarity with Lo-  
gosynthesis, either from attending  
one of our presentations or having  
read the Logosynthesis Primer  
AND viewed the PowerPoint video.  
Both can be viewed at the Logo-  
synthesis website:  
[www.logosynthesis.net](http://www.logosynthesis.net)

Jonathan and Laurie Weiss  
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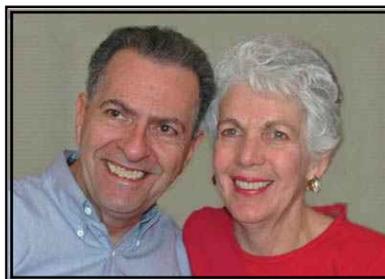
Logosynthesis is a deceptively simple verbal technique for dissolving reactions to past, present or anticipated stressful situations. It is based on a spiritual/metaphysical point of view that holds that our basic life energy can get stuck in reaction to anything that happens to us that we can't fully process; Logosynthesis identifies the triggers to these reactions and helps us retrieve the energy bound up in the stuck experiences. Examples range from hoarding to seasickness, from stage fright to sexual abuse, and almost everything in between that seems to trigger an automatic negative or uncomfortable reaction.

**PURPOSE:** Learn to use Logosynthesis as a self-coaching tool to reclaim your own energy from difficult situations and rediscover the joy that is your birthright.

We will focus on Logosynthesis as a process for self-coaching and stress reduction. We will demonstrate the process with volunteers from the group, and will discuss what we are doing and why we are doing it. Practice between sessions will be encouraged.

We will stay focused on using the Logosynthesis process in this group. We are skilled in a variety of therapeutic practices, but don't intend to use these approaches in this group.

If deeper issues should arise, we will help identify them and identify the processes that could address them, but this is NOT a psychotherapy group. If individuals want to contract with either of us to pursue something in greater depth, we are willing to do so, and/or support them in finding other resources for that purpose.



**Jonathan B. Weiss, Ph.D.**

and

**Laurie Weiss, Ph.D.**

are partners in life and work. They are internationally recognized authors and relationship specialists. The Weisses have been married (to each other) more than 50 years, and have more than 40 years experience as business partners, coaching people in powerful ways to improve the quality of their relationships.